

How to Overcome

We also will develop a battle plan to overcome these drifts consistently and pursue Jesus with our whole lives.

2 Cor 10:3-5

³ For although we live in the flesh, we do not wage war according to the flesh, ⁴ since the weapons of our warfare are not of the flesh, but are powerful through God for the demolition of strongholds. We demolish arguments ⁵ and every proud thing that is raised up against the knowledge of God, and we take every thought captive to obey Christ.



Take thoughts _____ and examine them.

- Put thoughts in a "cage!"
- Satan lies, accuses, tempts, divides, and isolates.*
- Train yourself to regularly stop and closely examine what you are thinking, feeling, or believing in light of the truths of the gospel.*



Bring the thought(s) into _____

- This is done personally with the Spirit's help and in trustworthy relationships.
- Rehearse the truths of the gospel to become **fluent** in it.
- Use the truths of the gospel to "choke out" the lies, accusations, and drifts into temptation.



Fight with _____ Truths

- In essence, fighting with gospel truths is **trusting in and putting on** ourselves all that is true of Jesus, and therefore also true of us in Jesus.* See Ephesians 6:10-18
- Immerse yourself in the Bible to become fluent like a second language.
- Don't just read the Bible, memorize it, treasure, and own it | "I have treasured your word in my heart so that I may not sin against you." Psalm 119:11
- Surround yourself with people who love you and have memorized, treasured, and owned the Bible.

*Adapted from Gospel Fluency