

## **Kyle's Slides for Mr. & Mrs. Workshop**

(In Order)

Kyle (Just name in right hand corner)

Picture (I will send photo in separate email) \*If possible leave Kyle in the slide of Chris Farley

The Problem: "Uphill Dreams...Downhill Habits"

If you don't know where you are going you will usually end up where you don't want to be

### 1. Personal Capacity

Improve Self...Improve Relationship

Improve Self...Improve Situation

### 2. Energy Capacity

The secret of change is not on fighting the old, but on building the new. Gymnast Dan Millman

### 3. Emotional Capacity

Master your emotions or your emotions will master you.

### 4. Thinking Capacity

Successful marriages think differently than typical marriages.

The next new and great idea rarely comes from the previous generation. Andy Stanley

### 5. Creative Capacity

Close-minded people close minds.

You are never too old to learn and you are never too young to teach.

Getting good is more important than looking good.

### 6. Relational Capacity

Desire more for your spouse than from your spouse.

### 7. Work Capacity

No one has ever had to work at limiting their capacity.

The right thing to do and the hard thing to do are usually the same thing.

Nothing works if you don't.

Implementation (Can you leave these up as I teach through them?)

- The Year of Mercy: Unlock your Heart
- Evaluate your Scorecard: "They aren't in your life because you weren't in their life."
- Daily Chair Time: Read/Reflect, 15 Minutes
- The Year of Marriage: Grandeur Vision, Read, Podcast, Right Now Media
- Measure your Marriage: Candor, Vulnerable, Transparent
- Change the Narrative: Reinvent your marriage
- Marry Big! Resilience is like a muscle.
- Be a student not a critic. Never criticize something you don't understand.
- Replace "How" with "Wow"!

I can do all things through Christ who gives me strength. **Philippians 4:13**

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be *glory in the church* and in Christ Jesus throughout all generations, for ever and ever! Amen. **Ephesians 3:20-21**