

# MMBS - The Prayer Course (Week 6 - Contemplation)

Neil Rogers - 6.15.22 - [neil@stonegatefellowship.com](mailto:neil@stonegatefellowship.com)

**Luke 4:42** - When it was day, he (Jesus) went out and made his way to a deserted place. But the crowds were searching for him. They came to him and tried to keep him from leaving them.

Jesus was Busy. However, He prioritized time alone with God, even to the point of leaving work behind to simply spend time with His Father.

- Quiet
- Distraction -Free
- Away

Jesus retreated to places that were:

Contemplative Prayer is more about Being than Doing.

## Three Things I (Neil) Gained from This Teaching:

### 1. A Position of Power

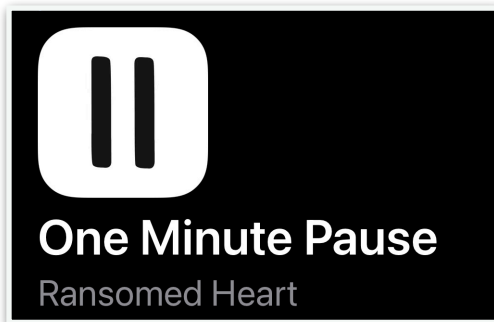
- **Psalm 62:5-6** *Rest in God alone, my soul, for my hope comes from Him. He alone is my rock and my salvation, my stronghold; I will not be shaken.*
- In experiencing the presence of God, we become infectious with His presence in the wider culture.

2. "Contemplatives in the heart of the world...out there ministering to Jesus in the poor and in the dying. That's what makes it sustainable for them. They're not just social workers, doing good deeds, you'll burn out on that - keep caring for people and more

Acts 4:13 (ESV): 13 Now when they saw the boldness of Peter and John, and perceived that they were uneducated, common men, they were astonished. And they recognized that they had been with Jesus.

and more broken people keep coming. What makes it sustainable is that they're not doing it as mission or as justice, they are doing it as worship. They are encountering Jesus in the poor and the dying (ones they serve.) Matthew 25:40 - "...the least of these..."

3. One Minute Pause - John Eldredge (Although it has music and speaking, I encourage you to put it on mute and read the prompts.)



- 1, 3, 5 Minute guided times of meditation and contemplation
- Includes images, if you want to look at something beautiful from nature, & Scripture to help you focus.
- Before you read the news, check your portfolio, etc - Pause.

---

\*\*In this video, the hosts share about speaking in tongues in times of contemplation. In response to spiritual gifts, I do not necessarily agree with their position on tongues. However, I do agree with Pastor John Piper, who prays regularly that God would grant Him any gift that would help to edify the Body and see lost people come to Jesus. While Stonegate does not have an official position on tongues, we believe that God can grant and remove spiritual gifts as He chooses, when He chooses.

Small Group Discussion Guides - <https://prayercourse.org/session/contemplation/>

What stood out to you today?